Recreation Services

Participation Agreement

By participating in or using any activities, programs, equipment or facilities available through ISU Recreation Services participant/user hereby agrees to the following terms and conditions:

I understand and agree that there is a risk of serious injury to me while using Iowa State University (ISU) Recreation Services’ facilities, equipment, and programs and recognize that every activity, including but not limited to rock climbing, group fitness classes, weight and cardio equipment, swimming, and pick-up basketball, has a certain degree of risk, some more than others. By participating in activities or using equipment and facilities offered by ISU Recreation Services, I knowingly and voluntarily ASSUME ANY AND ALL RISK of injuries, regardless of severity, which may occur as a result of my participation in athletic and other activities provided by ISU Recreation Services.

I hereby certify I have adequate health insurance to cover any injury or damages that I may suffer while participating, or alternatively, agree to pay all costs associated with any such injury or damages to myself.

I further certify that I am in good health and have no mental or physical condition or symptoms that could interfere with my safety or the safety of others while participating in any activity or while using any ISU equipment or facilities. I understand and agree that I alone am responsible to determine whether I am physically and mentally fit to participate, perform, or utilize the activities, programs, equipment or facilities available at Iowa State University, and that I am not relying on any advice from ISU Recreation Services in this regard. To the extent I have any questions or need any information about my physical or mental condition or limitations, I agree to seek professional advice from a qualified physician.

Further, I hereby RELEASE FROM LIABILITY AND HOLD HARMLESS, the State of Iowa; the Board of Regents, State of Iowa; Iowa State University and all of their respective officers, employees, student workers, student interns, volunteers, agents, and/or departments from any and all liability, claim and/or cause of action arising out of or related to any loss, damage or injury, including death, that may be sustained by me, or to my property resulting, in whole or in part, from my participation or use of, any facility, equipment, and/or programs of Iowa State University.