**Recreation Services**

**Attire**

**Gymnasium, Fitness Studios, Racquetball and Squash Courts**

- Appropriate athletic attire must be worn in the Cardio, Weight and Fitness area at all times.
- Clean athletic shoes closed toe covering must be worn at all times. Only non-marking gym shoes will be allowed on any wood floors surface.
- Shirts that fully cover the chest and back must be worn in the facilities.

**Strength and Conditioning Areas**

- Appropriate athletic attire must be worn in the Cardio, Weight and Fitness area at all times.
- Clean athletic shoes closed toe covering must be worn at all times. Only non-marking gym shoes will be allowed on any wood floors surface.
- Shirts that fully cover the chest and back must be worn in the facilities.
- Clothing with exposed rivets, buttons, zippers, or other metal parts are not permitted.